

Boston Retreat 2026 – *Meeting Wisdom Sources from our Sheikh.*

Wisdom Study focus: ***“Standing in the Light of Truth”***

Meeting 1 – ***Truth and Light*** (Brenda & Umar Savinson)

Treasures of Resplendent Wisdom CD - To study the truth, transform yourself into a student. (21 min)

Sayings - #43 - God is cause, man is the effect.

The Foot of the Qutb - p 29-31

Resonance of Allah, Glossary - p 712 (definitions of *Nur* and *Nur Allah*)

Peer Arivu and the Soul document (*attached to email*) – Truth (Qutb) joins the Soul to form the Body

Resonance of Allah - p 624-625 (Truth)

Divine Luminous Wisdom story:

Bawa: *“Do you love it, and do you want it”... “Yes” ... “We can give it to you.”*

Resonance of Allah - p 548 (True man dwells within God ...)

Resonance of Allah - p 309 (Truth and Questions)

Gods, His Prophets and His Children - p 175-176 (on Silence)

Sayings - p166 (Thoughts spiraling ...)

Sayings - #229 (True love and compassion for all human beings)

Resonance of Allah - p 286-287

Engal Bawa song

Meeting 2 – ***The Path*** (Janie & Noah Posner)

Ramadan Book - pg. 304-305

Secret Garden - p 421, p 423-433 excerpts

Letters - p 386

OBSTACLES: **Secret Garden** - p 397-401, 365-368

Zikr & Prayer (silent and out loud)

Letters - p 361

Prayer - p 137-138, 171-180 excerpts

UP AT 4 AM: **Morning Zikr** booklet - p 1

Newsletter - Fall 2016

GOD'S QUALITIES: **Secret Garden** - p 294

Questions of Life, Vol 2 - p 205-206

Letters - p 31-32, 360-361, 386-387

WISDOM: **Secret Garden** - p 410-414, 407

25 DUTIES of the Fellowship Pamphlet

END READINGS: **Letters** - p 31-32, 330-332

What Is A Miracle - paper sheet (*attached to email*)

Calendar Readings:

July 2025 (from Letters - p291:

“Do not give any room within your Qalb to distress and sorrow ... ”

September 2025 – (from Destiny - p 57)

“People say the prophets have died and gone ... ”

April 2026 – (from Al-Asma 'ul Husna - p 191)

“If you say the Third Kalimah with an intensely melting heart ... ”

Meeting 3 – *The Guide* (Ayesha & Ahamed Weinberg)

Sheikh and Disciple – The Difficult Path (p 70, 72-73, 79)

The Map, Ch: The Four Religions - p 116-117 (the compass of wisdom)

The Tree that Fell to the West, Introduction - p xiii (Carolyn's Explanation)

The Map (very end)

Don't Forget Me – parents, guru (p 36-37, 38)

Video: **Bawa – December 6, 1973** - *"Difference between the Guru & Book Learning"*

Meeting 4 – *Being in the Light* (Junaidah & Raheem Barnett)

The path to becoming Insan Kamil, a very rare thing.

Ramadan - p 304-305

In the Shade of the Qutb - p 122

Resonance of Allah Ch. 10 - p 262 (last two paragraphs)

Resonance of Allah - p 26

In the Shade of the Qutb - p 36 (third paragraph)

Video: **Bawa - April 5, 1979** - *"Destroy Energies Within and Transform to Body of God"*

Resonance of Allah - Ch. 12 p 278

Prayer - p 181-182

The True Man - p 310 (first full paragraph)

Focus the Camera of the Qalb - p 32

Resonance of Allah, Chapter 1, Introduction - p 11-12

Prayer - p 287-292

Video: **Bawa - June 23, 1979** - *"Crown of Adam"*

In the Shade of the Qutb - p 37 (last three paragraphs)

Meeting 5 – *Further Reflections* (Hussain Barnett & Jack Cucci)

Recap of each Meeting 1 to 4, re-reading certain selections & discussion.

Ramadan Book - pg. 304-305

Gods , His Prophets and His Children - p 175-176 (on Silence)

Per Arivua and the Soul document (attached)

... and a very lively and insightful discussion about Silence, that state of Silence, even amidst the most elementally, energetic of moments ... as ever exhibited by our Sheikh Bawa Muhaiyaddeen ^(Ral.)

... even if we could not perceive that stillness within. Alhamdulillah.
